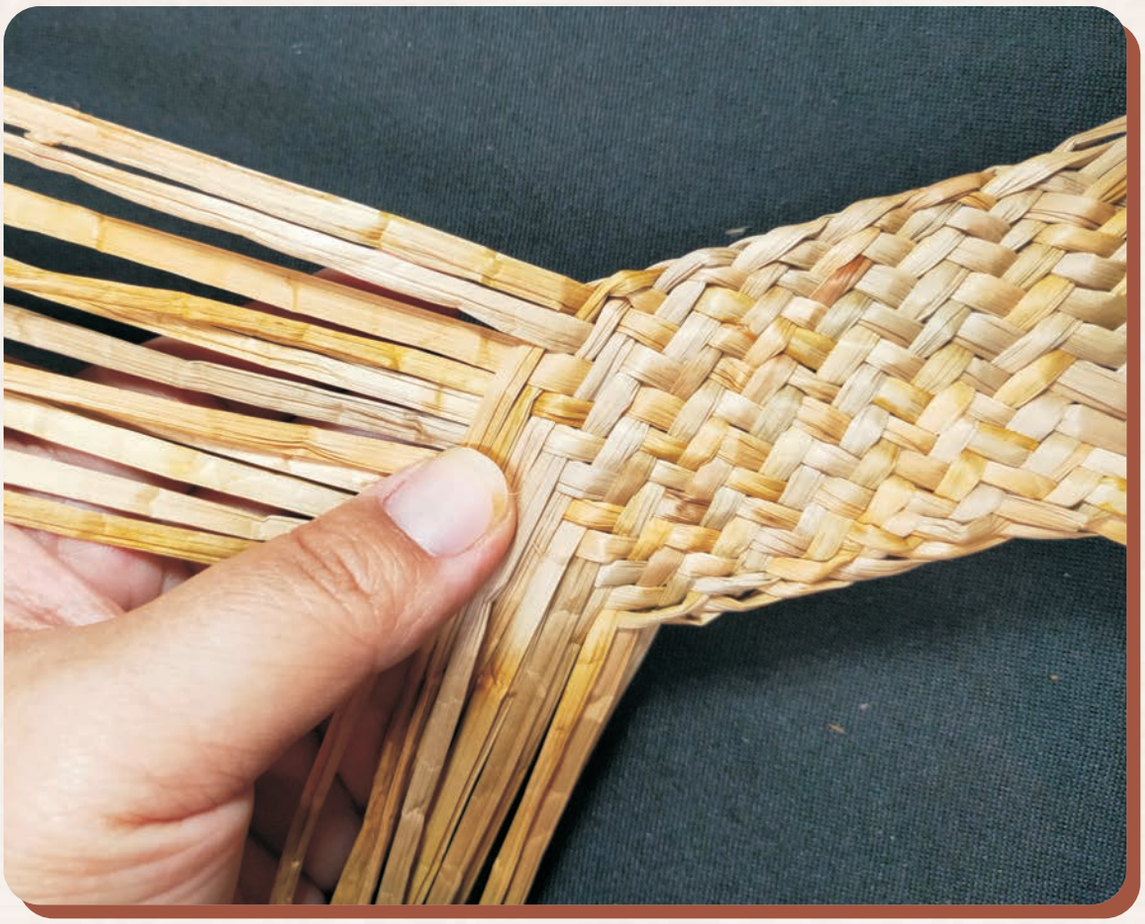
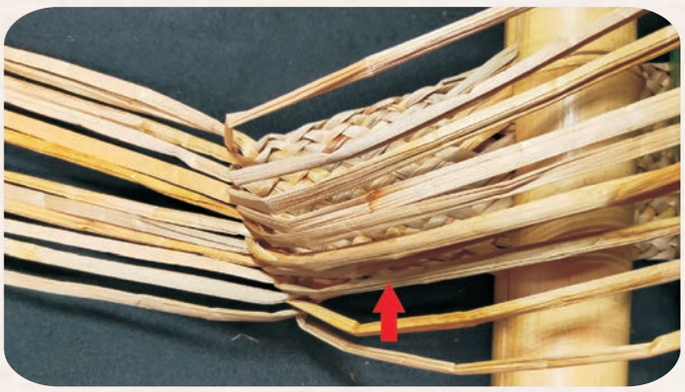
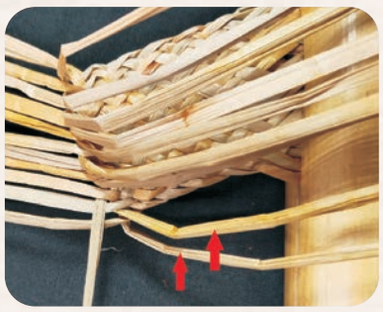
壓二技法



START 步驟



1 將第三根上草向下放

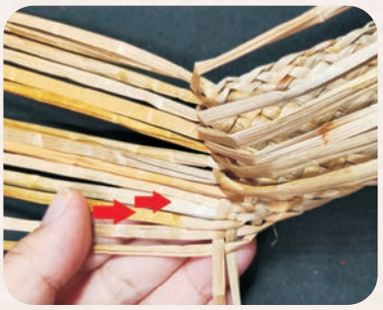


2 將第一、二跟上草向左放到左側草的下面

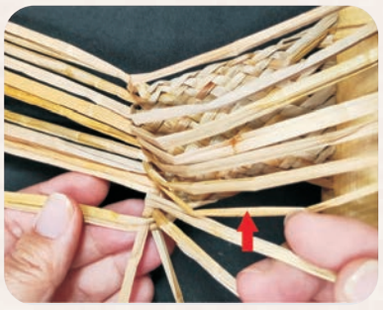
3 將記號草向右掀起

4 將最下面的上草向下放

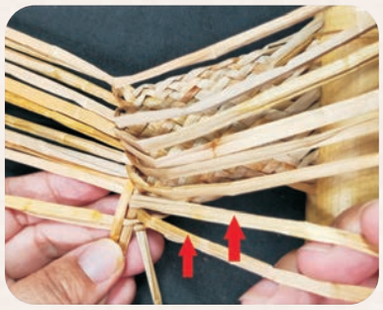
5 將掀起的草放回



6 將放回草上面的那一根與再上面一根向右掀起（如圖記號草標示）



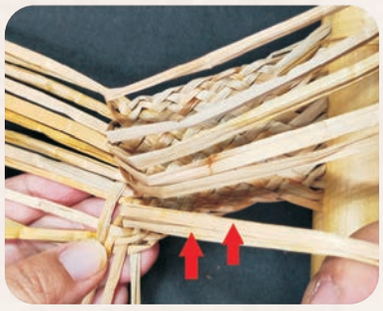
7 將最下方的上草向下放



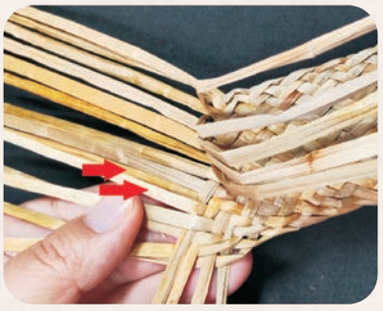
8 將上掀的草向左放回

9 將放回草上面的那一根與再上面一根向右掀起（如圖記號草標示）

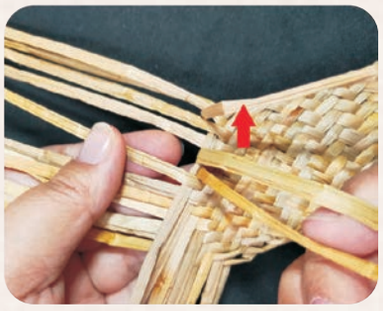
10 將最下面的上草向下放



11 將掀起的草放回



12 重複步驟9–11做到上草做完



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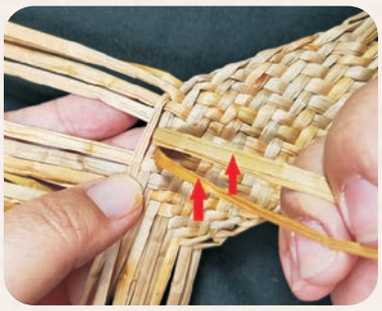

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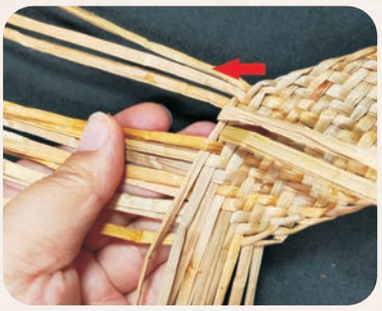
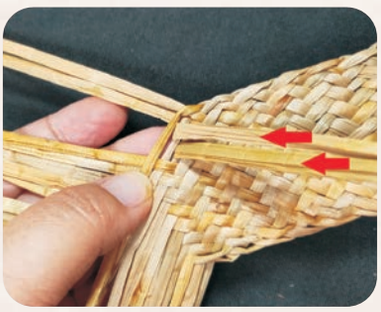
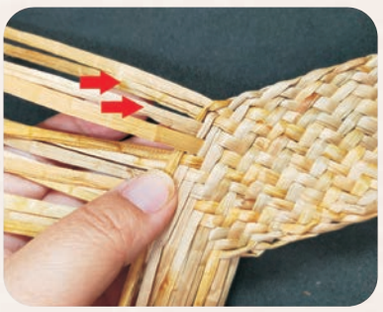
15 將放回草上面的那一根與再上面的那一根向右掀起（如圖記號草標示）



16 將最上方的一根下草向下折

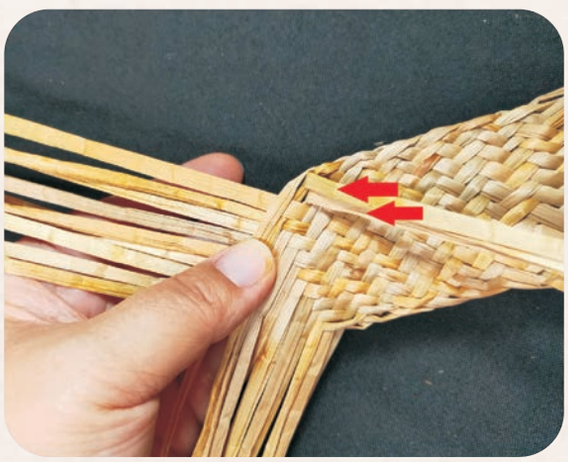


17 將掀起的草放回



18 將放回草上面的那一根與再上面的那一根向右掀起（如圖記號草標示）

19 將最上方的一根下草向下折



20 將掀起的草放回即完成了一排壓二（將下方的草向右上方掀起，即可再做下一排壓二）

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